

(F16 - Sr. S.M.A.- F.)

# "The Baptism of Jesus in the Jordan River"...

## FROM THE GOSPEL ACCORDING TO - MATHEW -:

*"After Jesus was baptized, he came up from the water and behold, ...a voice came from the heavens, saying: 'This is my beloved Son, with whom I am well pleased.'" (Matt 3:16-17)* 

#### **MEDITATION ON THE MYSTERY:**

Lord, we ask You for the grace to be able to come out of this river of people who – as well as not believing God and his Divine Will – do not try to dig into the Mystery of Eternal Immortality which will free us from death, that death which awaits us all: some, for the Eternal Resurrection, and others (all those who have obstinately refused to understand the Truth that is present here), for the eternal grave! (cf. *SLC*, p. 37)

### FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to obstinately refusing to come out of sin, St. Teresa of Avila says: "My God, how I am frightened by how obstinate my soul was, though I had had so much help from God! It is still a cause of fear for me to think about how little control I had over myself [...] May God be praised, Who gave me life to help me come out of so disastrous a death!" (TERESA OF AVILA, The Book of her Life, Ch. 9, n. 8)

<sup>1</sup>NABRE (USCCB)

#### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, Aveeeee, Ave Maria ...."

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...